

# PED 141 : SWIMMING (INTERMEDIATE)

This course is designed for those who have mastered basic swimming skills. Emphasis is placed on refining basic skills and learning new swim strokes. Upon completion, students should be able to demonstrate the four basic strokes, the scissor kick, the underwater swim, and other related skills.

**Credits** 1

**Lecture Hours** 0

**Lab Hours** 2

**Prerequisites**

PED 140 or advisor approval.